



Dilshad College of Nursing & Allied Health Sciences Swat



**PROSPECTUS
2023-24**



شروع اللہ کے نام سے جو بڑا مہربان نہایت رحم والا ہے۔

“In the name of ALLAH the Beneficent, the Merciful”

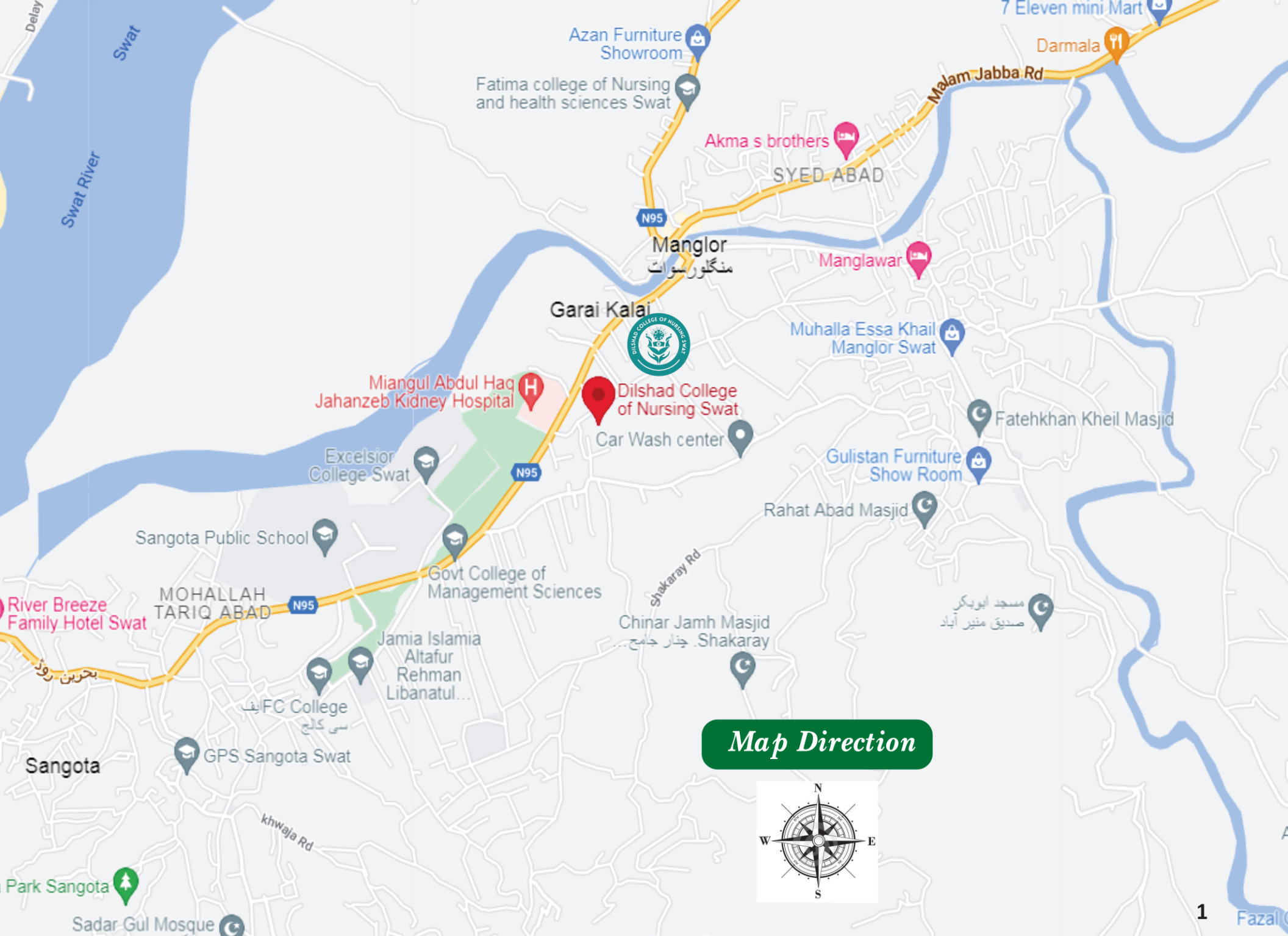


**Dilshad College of Nursing
& Allied Health Sciences Swat**

Table of Content

MAP DIRECTION	1
QUAID'S MESSAGE	2
DEAN'S MESSAGE	3
PRINCIPAL MESSAGE	4
FACULTY MEMBER	5
ADMINISTRATIVE STAFF	6
VISITING FACULTY	7
MISSION, VISION & CORE VALUES	9
AFFILIATIONS	10
ADMISSION CRITERIA	11
GOAL & OUTCOME OF BSN	12
GENERIC BSN CURRICULUM	13
FEE STRUCTURE OF GENERIC BSN	16
ACADEMIC CALENDAR	17
FACILITIES	18
CLINICAL FACILITIES	26
COMMUNITY BASE FACILITY	28
PICTURE GALLERY	30
UNIFORM	33





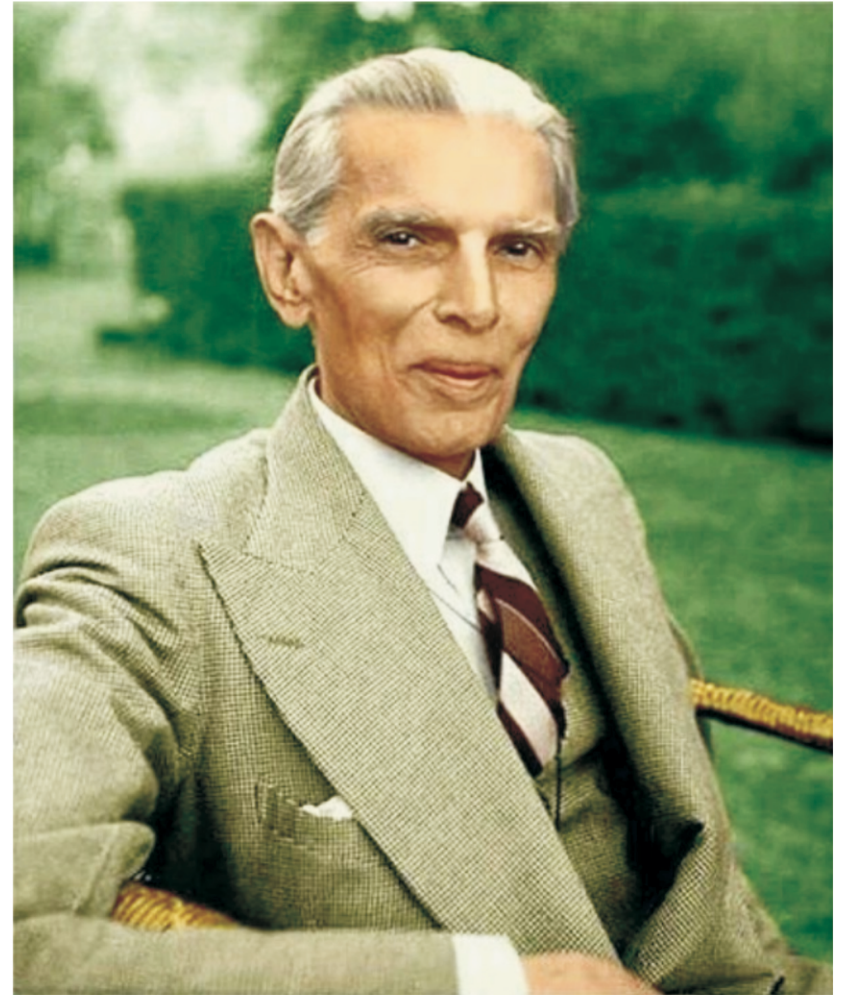
Map Direction



Quaid's Message

“The duties required of you now are: develop a sound sense of discipline, character, initiative and a solid academic background. You must devote yourselves whole-heartedly to your studies, for that is your first obligation to yourselves, your parents and to the state. You must learn to obey, for only then you can learn to command...”

An extract from the address of Quaid-e-Azam delivered at Islamia College Peshawar on 12th April, 1948



Dean's Message

Welcome to
Dilshad College of Nursing & Allied Health Sciences Swat (DCN & AHS)

I am delighted that you are considering studying at **DCN & AHS**, an institution built for quality teaching and learning, committed to confront society challenges through professional education and active citizenship.

The programs offered in the college have been carefully designed to ensure that every student is well prepared to face the challenges of tomorrow in health Sector. Here are some reasons why you should opt to study at **DCN & AHS**.

First, you will have the opportunity to get an internationally recognized qualification.

Second DCN & AHS will connect you to some of the best teachers in the region. “The quality of your education is directly related to the quality of the faculty staff teaching you”. At **DCN & AHS**, the teaching faculty is well qualified and experienced.

Third, **DCN & AHS** aims to prepare leaders in the nursing profession. You will acquire an education that extends beyond the classroom & curriculum. At **DCN & AHS** you will have the opportunity to improve your professional skills through engagement in societies.

We are keen to attract talented, motivated students and, in particular, students who are committed to enhance health care. We encourage you to choose **DCN & AHS**.

It will change your life! IN SHA ALLAH



Dr. Yousaf Khan

MBBS, MRCS, MRCGP, CER, LM



**Dilshad College of Nursing
& Allied Health Sciences Swat**

Principal Message

I am honored and feel privileged to lead the Dilshad College of Nursing & Allied Health Sciences Swat (DCNS). Nursing is one of the most honorable and publically trusted profession in modern healthcare. To be a good nurse is one of the most challenging task, but it is not impossible. DCNS has a foresight and vision to prepare professional nurses, in order to improve standards of nursing education and patient care and their quality of life. well qualified staff, and respected parents to make our nursing education and training according to the highest standards.

DCNS is equipped with qualified and competent teachers, good physical infrastructure, library, skills lab, computer lab, and most importantly, students get opportunity for clinical training in the diverse patient care environment. Our curriculum emphasizes active learning and understanding, critical thinking, and problem-solving capabilities. We endeavor to inculcate within each student, the practice of taking ownership for one's own learning which will help them to be professional nurses.

At DCNS, students are continually encouraged to participate in diverse activities, enabling them to develop awareness about global issues in health and patient care, community engagement, and respect for the other healthcare professionals. We understand that the true measure of an educational institute is not just to gain academic excellence, but also, to nurture creativity, professionalism, individuality and leadership skills in the students while striving for quality in teaching and learning.

On behalf of the faculty, staff members and students of the college, I extend a very warm welcome to parents and students considering admission in The Dilshad College of Nursing & Allied Health Sciences Swat.



Syed Yousaf Shah

Principal / Assistant Professor
BSN, MSN, PhD Scholar



**Dilshad College of Nursing
& Allied Health Sciences Swat**

Faculty Members

SYED YOUSAF SHAH

PRINCIPAL / ASSISTANT PROFESSOR

BSN, MSN, PhD Scholar



SHAH FAISAL

VICE PRINCIPAL / N-LECTURER

BSN Generic



SYED YASIR KHAN

NURSING LECTURER

Generic BSN



USMAN ALI

NURSING LECTURER

Generic BSN



AZIZ AHMAD

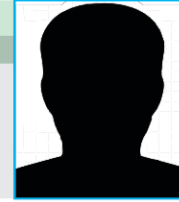
BIO CHEMISTRY LECTURER

M.Phil Zoology



Administrative Staff

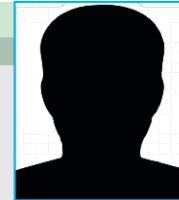
YASIR
ADMINISTRATOR
BBA (Hons)



JAWWAD KHAN
ASSISTANT KPO
BBA Honor (Federal Urdu University of Arts, Science & Technology Islamabad)



ANWAR SHAH
LIBRARIAN
BA (Library Information Science, Allama Iqbal Open University)

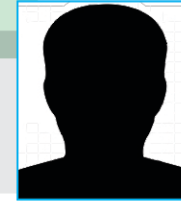


Visiting Faculty

ZEESHAN AHMAD

VISITING FACULTY

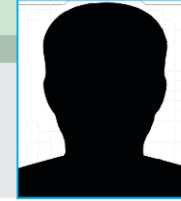
MS English



YUSUF SHAH

VISITING FACULTY

MA Islamyat





Welcome to Dilshad College of Nursing & Allied Health Sciences Swat

The Dilshad College of Nursing & Allied Health Sciences located in Swat is the first private setup in the Khyber Pakhtunkhwa, offering four years Bachelor of Science in Nursing (Generic BSN) degree program. The college is registered with Pakistan Nursing Council Islamabad and affiliated with Khyber Medical University Peshawar along with Higher Education Regulatory Authority (HERA) and Health Foundation Khyber Pakhtunkhwa.

With student centered and dedicated premises of the college, our students enjoy their learning in well equipped, state of the art facilities in the heart Swat valley from the very beginning. Our programs are open to both males and females from all over the country and we welcome them warmly.



**Dilshad College of Nursing
& Allied Health Sciences Swat**

Mission, Vision And Core Values

Mission



To create a culture where transformative teaching delivers knowledge, skills and values in an environment where commitment to excellence thrives.

Vision



To improve the health and well being of our society by creating astute scholars who provide high quality care to all.

Core Values



- Safeguarding values and principles
- Promoting excellence and innovation
- Integrating leadership, dignity and respect
- Creating friendly and students-centered methods
- Encouraging intellectual rigor



AFFILIATION PNC + KMU + HERA



Recognized By: PNC



Registered with
HERA KPK



Affiliated with KMU



Dilshad College of Nursing
& Allied Health Sciences Swat

Admissions Criteria for Generic BSN

Admissions to DCN Swat are according to Pakistan Nursing Council Islamabad.

Entry Test Requirements

Age:

Applicants must be between **17 to 25 years of age** at the commencement of the program.

Qualification:

Minimum 50% marks in the higher secondary school examination (F.Sc Pre-Medical only. PNC and KMU will only accept FSc. Pre-Medical as the minimum requirement. F.Sc Pre- Engineering, F.Sc Health Technology and F.A is not acceptable).

Other requirements:

1. All applicants are required to attend and pass the entrance test and interview.
2. All the admission process will be followed according to the college criteria including marks aggregation, entrance test results, and interview evaluation.
3. After clearing the entrance test, the applicants will be evaluated for personality assessment through a detail interview by the panel.
4. Fee and admission procedure must be completed as stated in the admission policy of the college.
5. Applicants will be required to complete a health questionnaire and acceptance on the program will only be granted if satisfactory health clearance received.
6. Application will be required to get all the necessary vaccination (at reasonable charge) before coming in contact with patients.

Applicants will sign a declaration form for any past criminal conviction and will provide a written consent allowing the college administration to check the record when needed. The college administration reserves the right to take action and refuse admission based on the judgment and ambiguity in the record of the applicant.



Goals & Learning Outcomes of BSCN

Knowledge Integration

- To provide excellent education and liberal training to address the needs of changing health care systems.
- To motivate reflective practice. To engrain integrity, holistic clinical judgment, and decision-making based on innovative and evidence based knowledge.
- To promote life long learning for personal and professional growth to support excellence in nursing practice.

Health Promotion

- To provide culturally sensitive, robust and evidence based guidance to societies and individuals regarding health promotion and illness prevention.
- To create awareness about availability of health-care services .
- To emphasize the role of nurses in achieving many positive health outcomes including quality of life, knowledge of their illness and shared care management.
- To collaborate with clients, parties and other professionals to plan and implement health promotion and disease prevention.

Effective Communication skills

- To communicate effectively demonstrating the ability to convey core information and ideas clearly and empathically.
- To incorporate effective communication and collaboration skills to form partnerships to provide care and to promote positive outcomes to a diverse society in a global context.
- To collaborate with healthcare professionals to enhance quality improvement and safety initiatives at individual and systems levels of care. Employ patient care technologies, information systems, and communication devices that support safe nursing practice and development of nursing knowledge.

Safeguarding

- To investigate health-related social justice concerns within legal, ethical and political contexts.
- To demonstrate knowledge of healthcare policy, finance, and regulatory environments that impact patient care.

Critical thinking skills

- To design experiments to address various specific hypothesis.
- To represent and analyze qualitative and quantitative data in statistically meaningful forms.
- To critique primary scientific literature and data for quality of evidence and relevance to theory and practice.



Generic BSN Program (Curriculum)

This is a full time four-year degree program divided into eight semesters that prepares the student through a creative process of development in which learning occurs by guided experience.

Credit Hour (C.H) means 60 minutes teaching session per week per semester. In order to be awarded the BScN degree by Khyber Medical University Peshawar, it is necessary to complete all the eight semester with a minimum CGPA of 2.5 along with other requirements as prescribed.

Year I - Semester I

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Fundamental of Nursing-I	2.00		2.00	4.00
2	Microbiology	2.50		0.50	3.00
3	Anatomy & Physiology-I	3.00			3.00
4	Biochemistry for Nurses	2.00		1.00	3.00
5	English-I	2.00			2.00
6	Computer Skills	1.00			1.00
Total Credits					16.00

Year I - Semester II

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Fundamental of Nursing-II	2.00	1.00	1.00	4.00
2	Anatomy & Physiology-II	3.00			3.00
3	Community Health Nursing-I	2.00	1.00		3.00
4	Applied Nutrition	1.00			1.00
5	English-II	2.00			2.00
6	Islamiat	2.00			2.00
7	Pakistan Studies	2.00			2.00
Total Credits					17.00



Year II - Semester III

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Adult Health Nursing-I	4.00	3.00	1.00	8.00
2	Pathophysiology-I	1.75		0.25	2.00
3	Health Assessment -I	1.00		1.00	2.00
4	Pharmacology-I	2.00			2.00
5	Mathematics	1.00			1.00
6	English-III	2.00			2.00
Total Credits					17.00

Year II - Semester IV

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Adult Health Nursing-II	4.00	3.00	1.00	8.00
2	Pathophysiology-II	2.75		0.25	3.00
3	Health Assessment-II	1.00		1.00	2.00
4	Developmental Psychology	2.00			2.00
5	Pharmacology-II	2.00			2.00
6	English-IV	2.00			2.00
7	Nursing Ethics	1.00			1.00
Total Credits					20.00

Year III - Semester V

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Pediatrics Health Nursing	3.00	3.00	1.00	7.00
2	Community Health Nursing-II	2.50	1.00	2.50	6.00
3	Teaching/Learning: Principles and Practices	3.00			3.00
4	English-V	2.00			2.00
Total Credits					18.00



Year III - Semester VI

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Mental Health Nursing	3.00	3.00		6.00
2	Introduction to Biostatistics	2.50		0.50	3.00
3	Behavioral Psychology	3.00			3.00
4	Epidemiology	2.00			2.00
5	English-VI	2.00			2.00
6	Culture, Health and Society	2.00			2.00
Total Credits					18.00

Year IV - Semester VII

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Critical Care Nursing	2.50	4.00	0.50	7.00
2	Introduction to Nursing Theories	2			2.00
3	Leadership and Management in Nursing	2.00	1.00		3.00
4	Nursing Research	3.00			3.00
5	English-VII	2.00			2.00
Total Credits					17.00

Year IV - Semester VIII

Sr #	Course Title	Theory	Clinical	Skills / Lab	Credit Hours
1	Community Health Nursing-III	2.00	3.00		5.00
2	Nursing Seminar / role transition	2.00			2.00
3	Clinical Practicum		4.00	1.00	5.00
Total Credits					12.00



Fee Structure for Generic BSN

S#	Fee Heads	Details	Semester 1st	Semester 2nd	Semester 3rd	Semester 4th	Semester 5th	Semester 6th	Semester 7th	Semester 8th
1	Admission Fee*	Once at The time of Admission	56,400							
2	Tuition Fee*	Paid Per Semester	1,20,000	1,20,000	1,20,000	1,20,000	1,20,000	1,20,000	1,20,000	1,20,000
3	Examination Fee*	Paid Per Semester (As per Kmu Policy)	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000
4	KMU Registration Fee	Paid Once Per Program	3,600							
5	KMU Retention Fee	Per Annum (Subject to Change)	7,500		7,500		7,500		7,500	
6	PNC Registration Fee	Paid Once per Program	1,000							
7	Clinical Practice fee**	Paid to Saidu Group of Teaching Hospital/Health Foundation Peshawar (Subject to change)	- -	3,500	3,500	3,500	3,500	3,500	3,500	3,500
8	Other Fee	Per Annum	5,000		5,000		5,000		5,000	
9	Medical Fee	Per Program	2,000							
Total Semester Fee			202,500	130,500	143,000	130,500	143,000	130,500	143,000	130,500
Hostel Basic Rent			7,000 per month							

Important Note

* Admission and tuition fee will remain same through the degree program. However, other fee (KMU/PNC/ Health Foundation etc) are subject to change according to the decisions of competent authorities.

**This amount is variable, hence will be paid by the student according to the decision of competent authority (Health Foundation)



Academic Calendar

The academic year 2022-23 will commence from October 2022.

There are two regular semesters in each academic year. Each semester is spread over 18 weeks including examinations, assignments, clinical rotations and quizzes.



Fall Semester: September – January



Spring Semester: February – July

DCNS offers full time degree program and attending all planned academic activities are mandatory. Students who do not attend classes and clinicals within the first month of any semester will be declared fail that semester.



**Dilshad College of Nursing
& Allied Health Sciences Swat**

Facilities

Teaching & Learning

DCNS is committed to provide continues development to both its faculty members and students. Faculty development courses is an integral part to update the knowledge and skills to promote the culture of evidence based teaching and learning. For the clinical training, DCNS has three tertiary care facilities (one public and two private hospitals).

At DCNS students are taught by highly qualified and trained faculty. The process of teaching and learning is guided by the evidence based, modern techniques, and technology integrated approaches. The students are expected to actively participate in all the learning activities. Advancement in learning has been integrated through different technological innovations for example; various audio visual aids, computer lab, semi-simulated skills lab. Additionally, DCNS E-Portal/ Moodle Application have been adopted along with the conventional methods of teaching and learning during COVID -19 to facilitate the delivery of learning material and examinations.

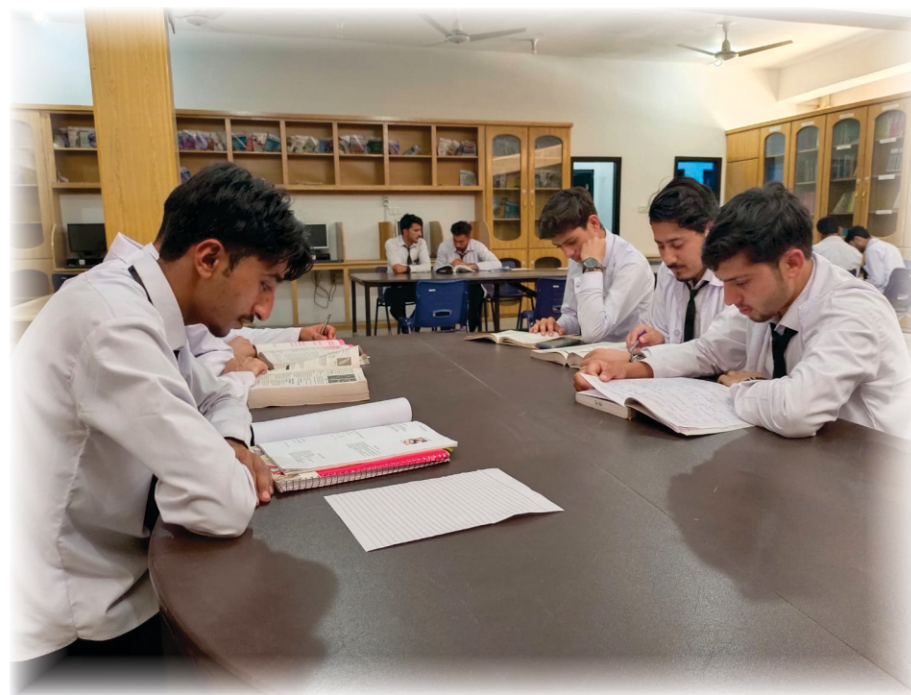


Teaching & Learning



Library

Library section of DCNS is a multi-dimensional source of learning which include hard and soft copies of books, journals, newsletters, magazines. DCNS library provides access to a diverse digital and non-digital database including literature on medical, nursing and general knowledge, available to all our students. We at DCNS, conduct extensive exercises regularly to improve and update our current library resources. In DCNS Library, there are more than 3800 hard copies and more than 1500 soft copies of the books are available. Additionally, multiple computers and internet connection make the access easy to certain libraries.



Computer Lab

Computer and language labs are integral parts of DCNS learning facilities. It helps our students to improve their basic skills such as English language and communication along with strengthening their skills of technology, research and innovation in nursing and healthcare. At DCNS, our computer lab is equipped with updated computers and is functional during the college hours for the student use. Other than this hostel, and entire campus is provided with high speed connectivity through broadband internet services.



Skill Lab

At DCNS, our students are provided with state of the art multimedia based training equipment and advance laboratories for practicing the skills of biological and clinical sciences. The biochemical sciences lab is equipped with a wide range of chemicals and equipment needed for the experiments. In addition to that, Anatomy and Physiology labs are provided with advance mannequins and models which fulfill European Medical Standards. Along with this, students are trained through simulation based learning. Students can also get medical assistance and first aid services from skill lab room.

SKILL LAB



Science Lab



Anatomy Lab



Facilities

Dilshad College of Nursing & Allied Health Sciences Swat is dedicated to improve the image of nursing education in Pakistan. Dilshad College of Nursing & Allied Health Sciences Swat is proud on its achievements in the last few years. We have now our own state of the art building. which is fully equipped with learning facilities.

Academic learning Facilities

- Modern classrooms and lecture halls equipped with multimedia facilities
- Skills enhancement laboratory for clinical skill learning
- Fully equipped Science laboratory
- Computer lab
- Students conference room
- Well-equipped library with facilities like
 - A) Text Books b) Journals / Articles c) Internet Accessd) Digital Library
- Community based learning



Clinical Facilities

We encourage our students to spend more of their time in clinical settings, once they gain the required strength and knowledge for patient care according to the standardized curriculum. Our students practice their skills under qualified faculties and staff at Saidu Group of Teaching Hospital, Miangul Abdul Haq Jehanzeb Kidney Hospital Swat, Swat Institute of Medical Sciences & Research Center and Royal Zaman Teaching Hospital which offer extensive tertiary care services to the patients of Swat and surrounding districts. Our dedicated clinical tutors in the hospital ensure to make the learning experience at their best in clinical areas / wards. The nursing staff at the dedicated hospitals is our great source of mentoring our students and we are very thankful for their usual support in this.

We also engage our students in community settings to integrate their concepts at the community level in different Basic Health Units (BHU), Rural Health Centers (RHC), Civil hospitals and dispensaries of district Swat. The students are provided with the necessary equipments and shuttle services to its students for the community visits.



Saidu Group of Teaching Hospital Swat



Miangul Abdul Haq Jehanzeb Kidney Teaching Hospital Swat



SIMS HOSPITAL SWAT



Clinical Facilities

ROYAL ZAMAN TEACHING HOSPITAL MANGLAWAR SWAT

Royal Zaman Teaching Hospital (RZTH) is a planned 250 bed hospital which will provide state of the art services to the local community along with an excellent educational and training opportunities to our nursing students. RZTH aims to provide high standards of care along with specialized and advance nursing care to meet the needs of patients, families and communities. Royal Zaman Teaching Hospital is also planning to host the first cath lab, trauma center and stroke center in swat.



Community Base Facility

Community health nurses are instrumental in maintaining the health of a community and advocating for the needs of its citizens. While they do administer medical care, the primary goal of community health nurses is to promote disease prevention and the development of healthy behaviors and habits.



Cafeteria



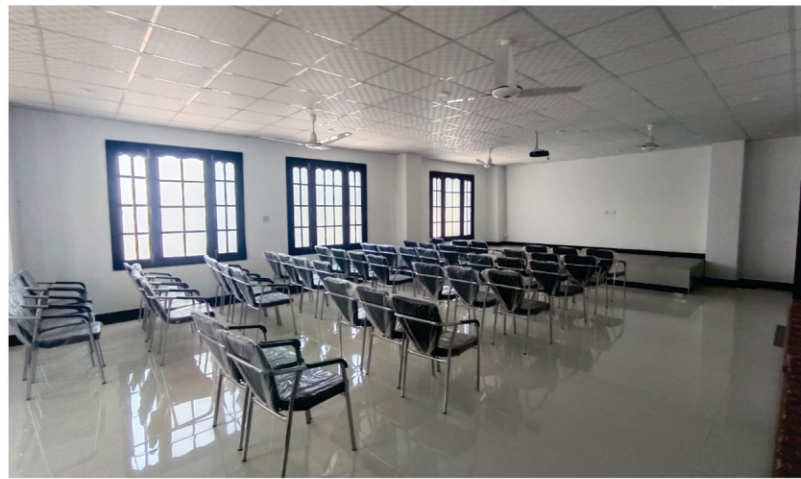
Picture Gallery



Picture Gallery



Picture Gallery



Uniform (for College)

For Boys	
Summer Uniform	Winter Uniform
<ul style="list-style-type: none"> • White full sleeves shirt with black pant • White knee length overall (for skills and science lab) • Black tie • Student ID badges/card 	<ul style="list-style-type: none"> • White full sleeves shirt with black pant • Black Coat and tie • Student ID badges/card • Black shoes and black socks



For Girls	
Summer Uniform	Winter Uniform
<ul style="list-style-type: none"> • White shalwar shirt/top • Black abaya/ white knee length overall • Black/ white Hijab (Optional) • Student ID badges/card. • Black shoes and black socks 	<ul style="list-style-type: none"> • White shalwar shirt/top • Black abaya/white knee length overall • Black/ white Hijab (Optional) • Dark blue sweater • Student ID badges/card • Black shoes and black socks



Note: White overall with college monogram and wearing ID badges is essential for both girls and boys.



Uniform (For Hospital/Clinical)

For Boys	
Summer Uniform	Winter Uniform
<ul style="list-style-type: none"> • White paint and white shirt (full sleeves) • White overall/lab coat with college monogram and student ID badges/card. • Black shoes and black socks 	<ul style="list-style-type: none"> • White pant and white shirt (full sleeves) • Indigo color sweater • White overall/lab coat with college monogram and student ID badges/card. • Black shoes and black socks



For Girls	
Summer Uniform	Winter Uniform
<ul style="list-style-type: none"> • White shalwar and indigo kameez/top • Black/ white Hijab (Optional) • White overall/lab coat with college monogram and student ID badges/card. • Black shoes and black socks 	<ul style="list-style-type: none"> • White shalwar and indigo kameez/top • Black/ white Hijab (Optional) • Indigo color sweater • White overall with college monogram and student ID badges/card. • Black shoes and black socks



Note: White overall with college monogram and wearing ID badges is essential for both girls and boys.





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Opposite Maingul Abdul Haq Jehanzeb Kidney Hospital
Manglawar Swat Khyber Pakhtunkhwa Pakistan